

PUBLIC PROGRAMME • ÖFFENTLICHES PROGRAMM

ISAPZÜRICH

INTERNATIONALES SEMINAR FÜR ANALYTISCHE PSYCHOLOGIE
INTERNATIONAL SCHOOL OF ANALYTICAL PSYCHOLOGY
AGAP POST-GRADUATE JUNGIAN TRAINING

LECTURES AND SEMINARS VORTRÄGE UND SEMINARE



• AUTUMN • HERBST • 2019

Herbstsemester 2019

Di, 03.09.19 – Fr, 06.12.19

Bitte konsultieren Sie die Website bezüglich möglicher Änderungen: www.isapzurich.com

Autumn Semester 2019

Tue, 03.09.19 – Fr, 06.12.19

Please check the website for eventual changes: www.isapzurich.com

Ethnology & Psychology

Nomfundo Mlis, PhD

Renee Ramsden, MA

Fred Borchardt, MA

Peter Ammann, PhD

Tuesday

03.09. 10:00-11:45

03.09. 13:00-14:45

Fundamentals of Analytical Psychology

Deborah Egger-Biniore, MSW

Tuesday

03.09. 17:00-18:45

Fundamentals of Analytical Psychology

**Heike Weis Hyder, FMH Psychiatrie/
Psychotherapie**

Tuesday

03.09. 19:00-20:45

=== Special Program ===

Encountering the Other: Jungian Analysts and Traditional Healers in South Africa

Reflections on two pioneering conferences in South Africa (2016, 2018): Jungian analysts meeting indigenous healers on an equal level for a dialogue about common topics such as healing practices, dream interpretation, use of intuition. Videos will be shown.

=== Basic Jung ===

What is Analytical Psychology? Why ISAP?

After a broad overview of the basic tenets of Analytical Psychology we will look at what is specific to ISAP as an entry point and avenue for studies on the Jungian path, a life-changing endeavour.

=== Basic Jung ===

Are Dreams an Antidote to the Pathology of a Shallow Modern World?

Burnout, depression, loneliness, meaninglessness, disorientation, aggression, contempt, lies and deception are haunting humanity.

The Jungian approach of the psyche through dreams and the importance of a caring therapeutical relationship are mirrored in modern science of the 'social brain'.

Practical Case

John Merchant, PhD

Wednesday

04.09. 13:00-14:45

A Clinical Discussion of the Case as Published in the Book “Forget me not – My journey through Jungian analysis – A Case Presentation” by Toni Woodward

It is rare in the field of psychotherapy for a client to be so open about their experience, therapy being such a personal and intimate encounter and Toni’s account covers both the positive personal growth she experienced, as well as those things she did not like. In this presentation, the reasons Toni sought analysis will be outlined, followed by descriptions of the unfolding process and the way her transference projections revealed unresolved issues arising from her earliest developmental experiences.

Readings:

Jung, C. G. (1946/1993) “The psychology of the transference”. In *The Practice of Psychotherapy* (pp. 163-338). CW 16. London: Routledge & Kegan Paul.

Merchant. J. (2015) “Introduction” to “Forget me not – My journey through Jungian analysis – A case presentation” by Toni Woodward in *Psychotherapy and Counselling: Reflections on Practice*. Oxford University Press.

Woodward, T. (2015) “Forget me not – My journey through Jungian analysis – A case presentation” in *Psychotherapy and Counselling: Reflections on Practice*. Oxford University Press.

Psychological Interpretation of Myths & Fairy Tales

Lisa Holland, MS

Wednesday

04.09. 17:00-20:45

=== Basic Jung ===

The Frog-King: When the Rejected Inner Other Comes to Call

An exploration of the Grimms’ tale “The Frog Prince, or Iron Henry” and its implications for our own inner courtship with the rejected Other and that of our analysands. Discussion will include objectification, broken promises versus those kept and dismissal and contempt versus engagement.

Psychopathology & Psychiatry

John Merchant, PhD

Thursday

05.09. 10:00-11:45

The Erotic Countertransference: An Aspect of Relationally Attuned Identification or Conduit to the Infantile/Erotic? A Case Illustration

This presentation centres on a first session when the analyst experienced an intense erotic countertransference of almost psychotic quality reflected in a fugue state that surpassed any sense of a gradual unfolding empathy.

Several psychoanalytic viewpoints – including Jung’s – will be considered.

This paper will highlight how these perspectives informed the clinical work over a ten year period.

Psychological Interpretation of Pictures

Lucienne Marguerat, lic. phil.

Thursday

05.09. 17:00-18:45

Fundamentals of Analytical Psychology

Murray Stein, PhD

Paul Brutsche, Dr. phil.

Thursday

05.09. 19:00-20:45

Psychological Interpretation of Myths & Fairy Tales

Sheila Cowburn, MA

Friday

06.09. 10:00-11:45

Fundamentals of Analytical Psychology

Ursula Wirtz, Dr. phil.

Friday

06.09. 17:00-20:45

Fundamentals of Analytical Psychology

Sheila Cowburn, MA

Saturday

07.09. 10:00-11:45

=== Basic Jung ===

The Role of Art Work in Psychotherapy

The art process has a natural healing potential. A picture made in or brought into therapy introduces a new presence within the therapeutic relationship. We will examine different kinds of pictures, and discuss the psychic process involved in the making of a picture as well as the role of the therapist.

=== Basic Jung ===

The *Memories, Dreams, Reflections* of C.G. Jung: A Reading

This will be a performance reading with musical accompaniment of a selection of passages from *Memories, Dreams, Reflections*, with Paul Brutsche in the role of Jung speaking about his life as he looks back at the age of 85. With an introduction by Murray Stein. Rodney Waters on the piano.

Eros and Psyche: A Relational Perspective on the Journey towards Love

The Myth of Eros and Psyche is explored from a Jungian perspective through the lens of the psychological dilemmas the motifs represent in the psyche in a shifting patriarchal paradigm and its impact on relationships. The Eros/Psyche constellation will be viewed as the archetypal relatedness between men and women called along the soul's journey from narcissism to mature Love. Overcoming powerful complexes and transcending narcissism are features of the soul initiated by Love.

=== Basic Jung ===

The Spiritual Dimension of Analytical Psychology: Goldmine or Minefield?

A quest for meaning and values

The Self ... Our Best Friend and Our Worst Enemy

This lecture explores the vicissitudes of the relationship between the ego and the archetypal Self and how that connection develops during life and within an analysis. Often our deepest fear is taking the path that demands leaving behind what is too small for us. I explore the lived experience of the ego-Self relationship as it unfolds by traversing significant Jungian concepts – Ego, Archetype, Individuation and the Transcendent Function, concluding with comments on the human aspects of Love and Darkness.

Fundamentals of Analytical Psychology

Christa Robinson, MA

Jun Xu, PhD

Tuesday

10.09. 10:00-11:45

The Roots of Chinese Traditional Medicine in the *I Ching*

The Universal Compass of the (Eranos) *I Ching* presents the mandala, the basis of Chinese culture. Its eight main trigrams with their manifold associations change in three specific ways or cycles allowing precise observations in psychosomatic illnesses, dreams, attitudes, etc. The *I Ching* and Chinese medicine can complement one another for the benefit of patients.

Fundamentals of Analytical Psychology

Jun Xu, PhD

Tuesday

10.09. 13:00-14:45

Presentation of a Seven Year Case

The report of a seven-year case using acupuncture and traditional medicine that became blocked until the introduction of Jungian concepts. This case shows a way to work through the shadow realm of the unconscious.

Fundamentals of Analytical Psychology

Jun Xu, PhD

Tuesday

10.09. 15:00-16:45

Comparison of the Chinese and Jungian Approaches

Both approaches will be looked at from the attitude of the practitioner's role in the healing process. Several examples will be given.

Fundamentals of Analytical Psychology

Christa Robinson, MA

Jun Xu, PhD

Tuesday

10.09. 18:00-19:45

How To Use the *I Ching* in Our Clinical Practice

Differences between the Eranos and Wilhelm versions of the *I Ching* will be used to show how this can be used on our clinical practice, ending with a general discussion.

Fundamentals of Analytical Psychology

Allan Guggenbühl, Dr. phil.

Friday

13.09. 15:00-16:45

Trickster, Primadonna or Pan? An archetypal view on Psychotherapy

The notion of Archetypes is one of the key ideas of Analytical Psychology. In this lecture the relevance of an archetypal approach in psychotherapy will be explained.

Individuation

Penelope Yungblut, MA

Tuesday & Thursday

17.09. 10:00-11:45

19.09. 10:00-11:45

24.09. 10:00-11:45

26.09. 10:00-11:45

Working With What Life Presents

Life presents us with experiences of joy, surprise, and excitement and with challenges, transitions, and ruptures. We will explore how new possibilities for growth may be generated within the psyche, untapped inner resources discovered, and disappointment, pain, and sorrow worked through in the journey of individuation.

Individuation

John Hill, MA

Wednesday

18.09. 10:00-11:45

25.09. 10:00-11:45

Need or Greed? Surviving in a Culture of Excess

How do we distinguish between our true needs and greed? This has become increasingly difficult in a culture that has celebrated excess, the limits of which have now become apparent. What kind of attitude is required to provide an antidote to greed?

Developmental Psychology

Nancy Krieger, PhD

Wednesday

18.09. 13:00-14:45

25.09. 13:00-14:45

Infant Research: The Origins of Attachment and Language

We will be looking at the development of the infant's brain and the implications this has for the formation of attachment and language, two areas critical for future psychological growth.

Individuation

Svetlana Zdravković, PhD

Sunday

29.09. 10:00-11:45

Liminality as a Challenge in Jungian Analysis

First, the notion of liminality will be approached from a theoretical point of view. Definitions of liminality, its challenges, manifestations and consequences will be discussed. There will be many examples from the presenter's clinical work.

Fundamentals of Analytical Psychology

Kathrin Schaeppi, MS, MFA

Thursday

03.10. 10:00-14:45

C.G. Jung Basel Walking Tour

This is a guided walking tour of Basel to visit such sites as the Basel Cathedral, two buildings where Jung studied, and the parish in Kleinhüningen where Jung grew up. The tour highlights Jung's dreams and provides anecdotes from his life as well as some basic information about Basel. The tour ends at Totengässlein at the Pharmaceutical Museum that houses a historical collection of healing methods and two alchemical laboratories. Costs for museum tickets are the responsibility of the participants. Further information will be provided upon request and/or registration.

Ethnology & Psychology

Margot Estabrook Stienstra, lic. phil.

Friday

04.10. 10:00-11:45

Explorations into the Nature of Meaning

The word "meaning" is often bandied about, and is an important notion in Jung's analytical psychology. But what do we mean by it; what is its nature?

The first in a series under this title, this lecture focuses on the understanding of meaning, and the phenomenon of meaning-making, in several cultures and religious traditions. Future offerings under this title will explore meaning and its making through archetypal and neuro-scientific lenses.

Individuation

Brigitte Egger, Dr. sc. nat. ETH

Monday

07.10. 10:00-11:45

=== Postlude ===

Dante's *Divine Comedy*: A Thorough and Exquisite Guide to Soul and Individuation Centered on Love

Individuation

John Hill, MA

Monday

07.10. 13:00-14:45

=== Postlude ===

Estranged from Self and the World: What Can We Do?

In today's world we are exposed to a diversity of people, places and cultures that at times seem to overwhelm us. The world is no longer familiar, especially if we live in an urban environment. The Stranger, whether a person, place, culture or idea, poses a continual challenge to our sense of identity.

Psychological Interpretation of Myths & Fairy Tales

Gunilla Midbøe, MSW

Tuesday

08.10. 10:00-11:45

=== Postlude ===

Visit from the Minotaur: A Myth and a Case Exploring the Boundaries and Limits of Ego-consciousness and Archetypal Powers

The myth of the Minotaur proposes consciousness of limits between the too familiar and the too different. The life and death of the Minotaur can speak to us about humanizing archetypal fields. A case study will be presented, focusing on the fear of otherness and how the resulting paralysis can be transformed within the analytical relationship.

Ethnology & Psychology

Murray Stein, PhD

Tuesday

08.10. 13:00-15:15

=== Postlude ===

Civilization in Transition: Racism – A Jungian View

A panel discussion moderated by Murray Stein with:

Deborah Egger-Biniore, MSW

Nancy Krieger, PhD

Bernard Sartorius, lic. theol

Individuation

Francisco Garcia, MEd

Thursday

10.10. 10:00-11:45

Imagination: The Creativity of Soul

We possess within us a sublime force of immeasurable power, which when handled unconsciously is often detrimental to us. If on the contrary we direct it in a conscious and creative manner, it gives us the mastery of ourselves. Sadly, the vast majority do not fully understand the creative role it plays in everyone's life. The force of which I speak is the power of our imagination – the creative spark within us, which I refer to as the seeing power of soul.

Religion & Psychology

Francisco Garcia, MEd

Thursday

24.10. 10:00-11:45

The Ancient and Universal Traditions Regarding the True Nature of Dreams

This lecture will look at the ancient and universal traditions regarding the true nature of dreams, which has lost favour with modern man. This view holds that dreams are of divine origin – they are a vital part of life, essential, and a key element in one's spiritual growth.

Furthermore, this lecture will aim to bring to light historical and contemporary material that will help place spiritual dreaming in its rightful place at the center of the whole subject of dreams.

Grundlagen der Analytischen Psychologie

Ursula Wirtz, Dr. phil.

Freitag

25.10. 19:00-20:45

Vom Guten des Bösen und vom Schlechten des Guten

Nachdenken über die Freiheit zum Bösen und das Wagnis des Guten

Psychopathology & Psychiatry

Ursula Kübler, lic. phil.

Saturday

26.10. 10:00-18:45

Introduction to Psychological Trauma

An investigation into the history, symptoms and resulting cascade of physical effects set in motion by sustained deep suffering and resulting archaic defenses. Prerequisite for trauma seminar in the same semester.

Please read the trauma classic: J.L. Herman, *Trauma and Recovery*, 2015.

Fundamentals of Analytical Psychology

Nathalie Baratoff, lic. phil.

Friday

08.11. 13:00-14:45

15.11. 13:00-14:45

22.11. 13:00-14:45

Active Imagination: Approaching the Unconscious

Historical background and practical application

Psychological Interpretation of Myths
& Fairy Tales

Kathrin Schaeppi, MS, MFA

Wednesday

13.11. 15:00-16:45

The Goose Girl at the Well: The Heroine's Task of Taming the Masculine and Reclaiming the Feminine on the journey to Wholeness aided by an Old Woman

The Grimms' fairy tale "The Goose Girl at the Well" holds the pattern of a woman's individuation task of integrating feminine and masculine aspects on the journey to wholeness. The fairy tale will be brought into connection with the tasks that many contemporary women face in analysis.

Religion & Psychology

Douglas Whitcher, PhD

Wednesday

13.11. 19:00-20:45

Empathy and the Language of Animals

Empathy that comes from understanding what animals "say" about a particular situation is a motif in folk-literature, in Hasidism, and the clinical work of Freud and Jung.

Psychological Interpretation of
Pictures

Kathrin Schaeppi, MS, MFA

Wednesday

20.11. 15:00-16:45

Illuminating Parallels: Inspiration, Archetype and Alchemy in the Life and Art of C.G. Jung and Hilma af Klint

Swedish artist Hilma af Klint (1862-1944) and C.G. Jung (1875-1961) were near contemporaries. By comparing and contrasting Jung's first mandala sketches and drawings, af Klint's *Swan Series* and woodcuts from the *Rosarium Philosophorum*, the themes of inspiration, archetypal patterns, alchemy, individuation, and Zeitgeist are brought together, inspiring ways of knowing.

Developmental Psychology

Allan Guggenbühl, Dr. phil.

Friday & Saturday

22.11. 15:00-16:45

23.11. 15:00-16:45

Play, Imagination and Stories: Psychotherapy with Children and Adolescents on the Basis of C.G. Jung

Children and adolescents are often not acquainted with psychotherapy. In this course an approach to working with children and adolescents will be presented and the basic principals of analytical psychotherapeutic work with children will be related.

Psychology of Dreams

Vicki Reiff, MPS

Ellen Celi, Dr. phil.

Saturday

23.11. 10:00-14:45


30.11. 10:00-14:45

The Theory and Practice of Dream Interpretation

The course will cover Jung's theory of dream interpretation, including how to approach the interpretation of a dream, and practice in interpreting dreams.

STUNDENPLAN
TIMETABLE

Alle Kurse im Hauptsaal S1 sofern nicht anders angegeben. / All courses in the main lecture hall S1 unless otherwise noted.

Date & Day	10:00-11:45	13:00-14:45	15:00-16:45	17:00-18:45	19:00-20:45
September / September					
03/09 Tue/Di	Mlis/Ramsden/Borchardt/Ammann			Egger-Biniores	Weis Hyder
04/09 Wed/Mi		Merchant		Holland	
05/09 Th/Do	Merchant			Marguerat	Stein/Brutsche
06/09 Fr/Fr	Cowburn			Wirtz	
07/09 Sat/Sa	Cowburn				
08/09 Sun/So					
09/09 Mon/Mo	Knabenschiessen – Public Holiday in Zürich				
10/09 Tue/Di	When Chinese Medicine Encounters Jungian Psychology				
	Robinson/Xu	Xu	Xu	Robinson/Xu	
11/09 Wed/Mi					
12/09 Th/Do					
13/09 Fr/Fr			Guggenbühl		
14/09 Sat/Sa					
15/09 Sun/So					
16/09 Mon/Mo					
17/09 Tue/Di	Yungblut				
18/09 Wed/Mi	Hill	Krieger			
19/09 Th/Do	Yungblut				
20/09 Fr/Fr					
21/09 Sat/Sa					
22/09 Sun/So					
23/09 Mon/Mo					
24/09 Tue/Di	Yungblut				
25/09 Wed/Mi	Hill	Krieger 08 26			
26/09 Th/Do	Yungblut				
27/09 Fr/Fr					
28/09 Sat/Sa					
29/09 Sun/So	Zdravković				
30/09 Mon/Mo					
Oktober / October					
01/10 Tue/Di		Symposium – Jungian Psychology and Buddhism			
02/10 Wed/Mi					
03/10 Th/Do	Schaepfi				

Date & Day	10:00-11:45	13:00-14:45	15:00-16:45	17:00-18:45	19:00-20:45
04/10 Fr/Fr	Estabrook Stienstra 05 34			ZLS (offsite) 18:00-22:00	
05/10 Sat/Sa	ZLS (offsite) 10:00-16:00				
06/10 Sun/So	Postlude Excursion to St. Gallen 9:15-17:30				
07/10 Mon/Mo	Egger	Hill			
08/10 Tue/Di	Midbøe	Stein/Egger-Biniores/ Krieger/Sartorius			
09/10 Wed/Mi					
10/10 Th/Do	Garcia				
11/10 Fr/Fr					
12/10 Sat/Sa					
13/10 Sun/So					
14/10 Mon/Mo					
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23/10 Wed/Mi					
24/10 Th/Do	Garcia				
25/10 Fr/Fr					Wirtz
26/10 Sat/Sa	Kübler				
27/10 Sun/So					
28/10 Mon/Mo					
29/10 Tue/Di					
30/10 Wed/Mi					
31/10 Th/Do					
November / November					
01/11 Fr/Fr					
02/11 Sat/Sa					
03/11 Sun/So					
04/11 Mon/Mo					
05/11 Tue/Di					Informations- abend/ Info event 18:00

Date & Day	10:00-11:45	13:00-14:45	15:00-16:45	17:00-18:45	19:00-20:45
06/11 Wed/Mi					Ulmer Chat
07/11 Th/Do					
08/11 Fr/Fr		Baratoff			
09/11 Sat/Sa					
10/11 Sun/So					
11/11 Mon/Mo					
12/11 Tue/Di					
13/11 Wed/Mi			Schaeppli		Whitcher
14/11 Th/Do					
15/11 Fr/Fr		Baratoff			
16/11 Sat/Sa					
17/11 Sun/So					
18/11 Mon/Mo					
19/11 Tue/Di					
20/11 Wed/Mi			Schaeppli		
21/11 Th/Do					
22/11 Fr/Fr		Baratoff	Guggenbühl		
23/11 Sat/Sa	Reiff/Celi		Guggenbühl		
24/11 Sun/So					
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29/11 Fr/Fr					
30/11 Sat/Sa	Reiff/Celi				
Dezember / December					
01/12 Sun/So					
02/12 Mon/Mo					
03/12 Tue/Di					
04/12 Wed/Mi					
05/12 Th/Do					
06/12 Fr/Fr					

In 1918-19 I was in Chateau d'Oex as *Commandant de la Région Anglaise des Internés de Guerre*. While I was there I sketched every morning in a notebook a small circular drawing, a mandala, which seemed to correspond to my inner situation at the time. With the help of these drawings I could observe my psychic transformations from day to day. One day, for example, I received a letter from that aesthetic lady in which she again stubbornly maintained that the fantasies arising from my unconscious had artistic value and should be considered art. The letter got on my nerves. It was far from stupid, and therefore dangerously persuasive. The modern artist, after all, seeks to create art out of the unconscious. The utilitarianism and self importance concealed behind this thesis touched a doubt in myself, namely, my uncertainty as to whether the fantasies I was producing were really spontaneous and natural, and not ultimately my own arbitrary inventions. I was by no means free from the bigotry and hubris of consciousness which wants to believe that any halfway decent inspiration is due to one's own merit, whereas inferior reactions come merely by chance, or even derive from alien sources. Out of this irritation and disharmony within myself there proceeded, the following day, a changed mandala: part of the periphery had burst open and the symmetry was destroyed.

Only gradually did I discover what the mandala really is: "Formation, Transformation, Eternal Mind's eternal recreation." (Faust, Part Two) And that is the self, the wholeness of the personality, which if all goes well is harmonious, but which cannot tolerate self-deceptions.

My mandalas were cryptograms concerning the state of the self which were presented to me anew each day. In them I saw the self – that is, my whole being – actively at work

Memories, Dreams, Reflections C.G. Jung pages 195-6

1918/19 war ich in Château d'Oex *Commandant de la Région Anglaise des Internés de Guerre*. Dort skizzierte ich jeden Morgen in ein Carnet eine kleine Kreiszeichnung, ein Mandala, welches meiner jeweiligen inneren Situation zu entsprechen schein. Anhand der Bilder konnte ich die psychischen Wandlungen von Tag zu Tag beobachten. Einmal erhielt ich z.B. einen Brief jener ästhetischen Dame, in welchem sie wieder einmal hartnäckig die Ansicht vertrat, dass die dem Unbewussten entstammenden Phantasien künstlerischen Wert besäßen und darum Kunst bedeuteten. Der Brief ging mir auf die Nerven. Er war keineswegs dumm and darum insinierend. Der moderne Künstler ist ja bestrebt, Kunst aus dem Unbewussten zu gestalten. Der aus dem Zeilen des Briefes sprechende Utilitarismus und die Wichtigtuerei berührten einen Zweifel in mir, nämlich die Unsicherheit, ob die hervorgebrachten Phantasien wirklich spontan und natürlich und nicht am Ended meine eigene arbiträre Leistung seien. Ich war keineswegs frei von dem allgemeinen Vorurteil und der Hybris des Bewusstseins, dass jeder einigermaßen ansehnliche Einfall das eigene Verdienst sei, wogegen minderwertige Reaktionen nur zufällig entstünden, oder sogar aus fremden Quellen herrührten. Aus dieser Irritation und Uneinigkeit mit mir selber gig anderntags ein verändertes Mandala hervor: ein Teil der Rundung war herausgebrochen, und die Symmetrie war gestört.

Nur allmählich kam ich darauf, was das Mandala eigentlich ist: «Gestaltung – Umgestaltung, das ewigen Sinnes ewige Unterhaltung». Und das ist das Selbst, die Ganzheit der Persönlichkeit, die, wenn alles gut steht, harmonisch ist, die aber keine Selbsttäuschungen erträgt.

Meine Mandalabilder waren Kryptogramme über den Zustand meines Selbst, die mir täglich zugestellt wurden. Ich sah, wie das Selbst, d. h. meine Ganzheit, am Werke war.

Erinnerungen, Träume, Gedanken von C.G. Jung Seite 199

AGAP INTERNATIONAL ASSOCIATION OF GRADUATES IN ANALYTICAL PSYCHOLOGY

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